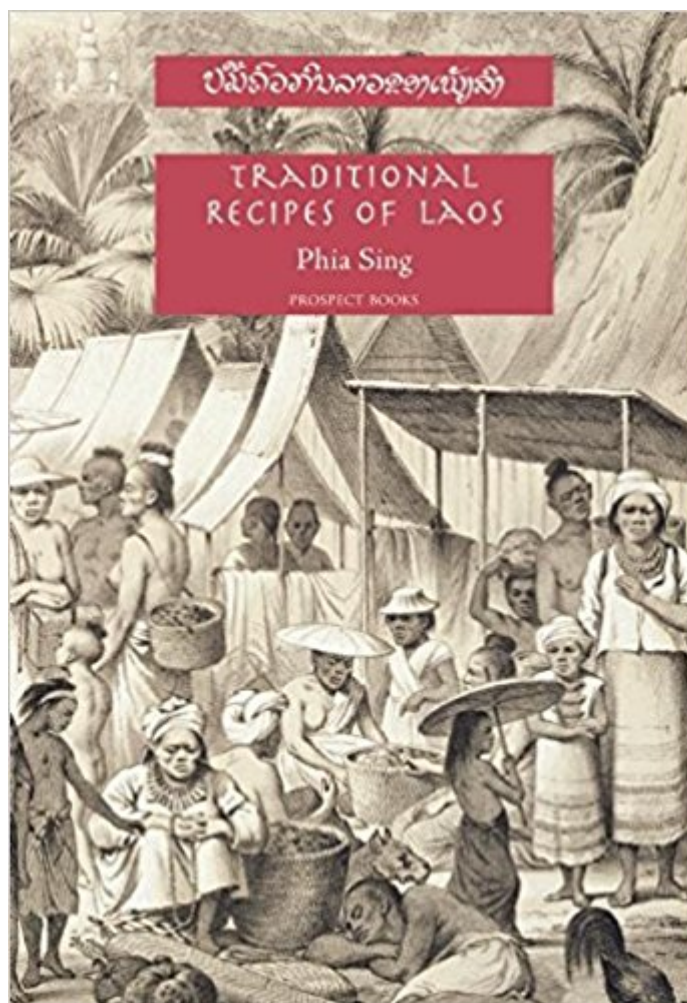


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# Traditional Recipes Of Laos



## Synopsis

This version reestablishes the Lao text and prints the English unchanged from previous editions. The notebooks are a precious resource for those wishing to cook Lao food: the 124 recipes were compiled to give a balanced view of the cuisine (albeit from quite a high-ranking perspective). In the thirty years since its first appearance, materials and ingredients have become easier to source, and the cooking techniques and styles more familiar to us. The dishes, therefore, are very cookable. There is a long prefatory section, written by the late Alan Davidson and his daughter Jennifer, which explains much about Lao cookery, ingredients and equipment. The whole book is plentifully illustrated with drawings done from life by Soun Vannithone and other Lao artists. The introduction is 50 pages long and covers the life of Phia Sing; Lao eating habits and attitudes to food; Lao culinary terms and culinary equipment; and Lao ingredients.

## Book Information

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## Customer Reviews

Phia Sing (d. 1967) was Master of Ceremonies and Chef at the Royal Palace of Luang Prabang.

The recipes are mostly for special occasions and requires meat that's not common like water buffalo or quail eggs.

Great cookbook and great recipes. Brought back memories of when I lived in Laos and the food I ate while I lived there.

Wonderful book with great recipes!

I collect cookbooks and realized I needed one from Laos. When I first came across this one, it was unavailable so I kept it in my wish list. Eventually, there was one available so I bought it and I'm glad I did. It includes authentic recipes and a lot of fish recipes which I love. There is a Laotian writing and the English translation. I gave it a 4 star because there aren't photos with the recipes. I guess it wouldn't matter if you grew up eating these dishes but for someone new to Laos cooking, it would be nice to see a few photos so I know if my end results turned out okay. Despite the lack of photos, the flavors are good so I am happy with this book.

The book is very well written. Offer a wide variety of recipes to fill your palettes for years to come. The covers the traditions very well even mom and grandma would be please with the amounts of recipes found in this book is replicated. I highly recommend this book.

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